

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
B R E A K F A S T	From the servery	Cooked & continental breakfast	Cooked & continental breakfast	Cooked & continental breakfast	Cooked & continental breakfast	Cooked & continental breakfast	Cooked & continental breakfast	
	Toast & cereal	Selection of seasonal cut fruits and Greek yoghurt. Cereals. White and brown bread with butter or Flora, jam and marmalade.						
	Hot & cold drinks	Fresh juices, water, full-cream & semi-skimmed milk, plant based milks, tea, coffee & hot chocolate						
L U N C H	Soup	GF & vegan - Tomato & basil soup with croutons	GF & Vegan - Vegetable tom yum soup with chilli oil	Vegan - Pistou soup with parmesan	GF & Vegan - Red lentil, carrot & ginger soup with crispy onions	Coconut noodle soup with chilli oil	GF - Leek & potato soup with croutons	GF & Vegan - Sweetcorn chowder with chilli oil
	Lunch main 1	Halal - Chicken Kiev with crushed new potatoes	GF - Halal beef rogan josh with mango chutney, naan bread & pilau rice	Halal - Lemon & herb chicken with roast potatoes	Halal beef goulash with tagliatelle	Scampi or fishless fingers with tartare sauce & chips	Halal & GF - Jerk chicken legs	Roast turkey with all the trimmings
	Lunch main 2	GF - Sweet & sour Tiger prawns with Thai sticky rice	BBQ pulled pork with flat bread, jacket wedges, guacamole, salsa & sour cream	Hoi sin turkey with chinese pancakes, spring onion & plum sauce with noodles	Halal & GF - Chicken pil pil with lyonnaise potatoes	Vegan & GF Cauliflower & lentil coconut curry with rice	Seafood linguine	Halal - Lasagne with garlic bread
	Lunch Vegetarian main	Vegan - All in one vegetable curried noodles	Vegan & GF - Quorn & mixed beans chilli with long grain rice	GF - Fennel, artichoke, red onion, cherry tomato & feta cheese bake	GF - Chilli paneer with sticky glaze & basmati rice	Vegan & GF - Vegetable & quorn bolognese	Vegan - Chickpea patties & sweet chilli dip	Vegan & GF - Tomato risotto
	Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
	Dessert	Peach Melba	Victoria sponge with cream	Jelly * ice cream	Banoffee pie	Harrow Mess	Yoghurt with toppings	Pear belle helene
	S U P P E R	Evening main 1	Tex mex counter	Pasta bar	Fajita & taco counter	Burger bar	Rice & noodle counter	Popcorn chicken or vegan nuggets with Nando's sauce
	Potatoes/ rice						Pizza selection with skinny fries & corn cobs	Paprika new potatoes
	Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables		Seasonal vegetables
	Evening vegetarian main	Vegetable lasagne	Vegan & GF - Sweet potato, spinach, mushroom & chickpea curry	Halloumi & 5 bean enchiladas with mojo sauce	Vegan & GF - Pea, lemon & rocket risotto	Vegan & GF - Roasted butternut squash gnocchi with sage & rocket		Vegan - Quorn Singapore noodles

